

ABOUT DR. SHERI MEYERS

“I believe that the three big essentials of happiness are: something to love, something to do, and something to aspire towards. My passion is helping people develop true emotional intimacy in their relationships, have more satisfying love and sex lives, set better goals, make better decisions, communicate more effectively and honestly, overcome fear, open their hearts, and enjoy greater happiness all around.” Dr. Sheri Meyers

Sheri Meyers, Psy.D, a licensed Marriage & Family Therapist in Los Angeles, CA, is among the national media's most frequently quoted and interviewed relationship, infidelity and life transition experts. A regular contributor on broadcast network news (ABC, NBC, CBS, FOX), cable TV (Lifetime, CNN Headline News, E! Entertainment) and radio talk shows (KFWB, KNX, Playboy), Dr. Sheri's compassionate, practical, straight talk and easy-to-apply methods have inspired and helped thousands of men and women face and overcome their most complex and daunting life, relationship, and sexual challenges.

For eleven seasons, Dr. Sheri's unique on-air style and approach to love, life and healing has been showcased as host and producer of the weekly interview/advice TV talk show, “Straight from the Heart” -- a show dedicated to helping viewers enrich their lives, boost their love potential, and enhance their relationships.

In her private practice, online videos, and in front of national television audiences, Dr. Sheri is known for her knack of transforming the FEAR of change into the FUN of change. Informative and entertaining, she gets to the heart of the matter and shows people how seize the life and love they've always wanted.

In her new book, ***Chatting or Cheating: How to Detect Infidelity, Rebuild Love, and Affair-Proof Your Relationship***, Dr. Sheri shares her exclusive and unique insights that come from 25 years of helping couples navigate through the murky and often dangerous waters of cyber, physical and emotional INFIDELITY to a place of healing, rebuilding trust and safely loving again.

Please visit Dr. Sheri @ www.ChattingorCheating.com and www.DrSheri.com

Dr. Sheri Meyers' Expertise:

Relationship, Sex & Intimacy Issues

- All issues of Dating, Mating & Relating
- Infidelity, Betrayal, Cyber, Emotional & Physical Affairs
- Celebrity Romance, Break-Ups and Make-Ups
- Blended Families, Parenting & Step Parenting
- Sex Addiction and Recovery
- Life Transitions, Loss & Changes
- Emotional Sex and Brain Chemistry
- Stress Reduction, Meditation & Relaxation